

# Psalm

1-30



## What is the SOAP Method that the Good Morning Girls use?

### Why S.O.A.P. it?

It's one thing to simply read scripture, but when you interact with it, when you learn to slow down to really read it, suddenly words start popping off the page. By SOAPing your verses you are able to dig deeper into scripture and "see" more than if you simply read the verses and went on your merry way.

### What does S.O.A.P. mean?

**S-** The S stands for Scripture- you physically write out the scripture.....you'll be amazed at what God will reveal to you just by taking the time to slow down and actually write out what you are reading!

**O-** The O stands for observation- what do you see in the verses that you're reading. Who is the audience? Is there a repetition of words? What words stand out to you? What do we learn about the character of God?

**A-** The A stands for Application- this is when God's Word becomes personal. What is God saying to me today? How can I apply what I just read to my own personal life? What changes do I need to make? Is there an action that I need to take?

**P-** And finally P stands for Prayer. Pray God's Word back to Him. If He has revealed something to you during this time in His Word, pray about it. Confess any sin he has revealed in your life.

Studying God's Word like this can take as little or as long as you have time to give. Some days it can take just 10 or 15 minutes, other days longer.



**Psalms 1**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 2**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 3**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 4**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 5**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 6**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.





**Psalms 7**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 8**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 9**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 10**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 11**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 12**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 13**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 14**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.





**Psalm 15**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 16**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 17**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 18**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 19**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 20**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 21**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 22**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.





**Psalm 23**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 24**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 25**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 26**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 27**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalm 28**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 29**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.



**Psalms 30**

**S** – Write out the Scripture passage for the day.

**O** – Write down 1 or 2 Observations from the passage.

**A** – Write down 1 or 2 Applications from the passage

**P** – Pray over what you've learned from today's passage.

