



The Book of Ecclesiastes Discussion Questions

Week 1

Day 1

Is your life full? Do you struggle with feeling too full yet empty? In what ways?

Day 2

Do you have peace today? Why or why not?

Day 3

Do you remember the day or season of life when you encountered God for the first time? Share about that time here.

Day 4

What do we learn about God's character, His heart, and His ways regarding His relationship with Solomon?

How does this transfer to your own life?

Day 5

Read John 3:16. What does this passage mean to you?

Week 2

Day 1

Do you struggle with the monotony of life?

Do you feel the urge to always seek out something new?

Day 2

How are you living? Are you living only for this world, “under the sun” and “chasing after the wind,” or are you living for Jesus, who is the Creator of the sun and is above the sun?

Day 3

What messages have you received from the world regarding pleasure, laughter and wine?

Tell about a time when seeking one of these three things led you to a dead end road.

Day 4

How does Galatians 6:9 encourage you in the midst of the season of life you are in today?

Day 5

Have you committed to something that looked enjoyable but later you find it steals your sleep and your peace and you regret ever saying yes?

Tell about this time and what you learned.

Week 3

Day 1

Psalm 90:12 says, “So teach us to number our days that we may gain a heart of wisdom.”

How do we gain wisdom? How does this apply to your season of life today?

Day 2

Share something in your life that God has made beautiful through time.

Day 3

What work has God called you to, in this season of life?

How can you experience more joy in the present?

Day 4

Ecclesiastes 4:6 says, "Better is a handful of quietness than two hands full of toil and a striving after wind."

As you examine your own life, how are you doing with balancing work and rest? Are you living a one handful or two-handful style of life?

Day 5

Who are some of the friends that God has placed in your life that you support, love and protect, and who does this for you?

Week 4

Day 1

Do you have a dream? What is it?

Have you asked God what His will is for that dream?

Day 2

Do you think prosperity guarantees a happy and satisfied life?

What simple things do you enjoy in life?

Day 3

Are the people around you "happy?" What do you see the world chasing after?

Has any of their thinking crept into yours and in what ways?

Day 4

Have you ever begun something that did not end well?

What happened and what did you learn from your experience?

Day 5

Are you overly sensitive to what others have said about you?

Who in your life needs grace because of something they have said negatively about you?

Week 5

Day 1

Have you ever been under the authority of someone that you did not agree with – perhaps a boss, pastor, elder, professor or civil leader?

How did you handle the situation and what was the outcome?

Day 2

Whether our lives are just or unjust, as we await the return of Jesus, how does Solomon tell us to live and respond to the days of life that God has given to us under the sun?

How are you living this out in your life?

Day 3

Even though life is difficult and death is certain, how does Solomon encourage us to live our lives while alive on this earth according to Ecclesiastes 9:7-9?

Are you doing these things? Why or why not?

Day 4

Look at Ecclesiastes 9:17. What is the wise way and how is it better?

How can you apply this to your life?

Day 5

What practical advice does Solomon give in verse 4 in dealing with the anger of a foolish ruler?

How does this apply to us when someone is angry with us?

Week 6

Day 1

Look at Ecclesiastes 10:10. What happens when an ax is not sharp and how does wisdom help?

Do you have something in your life where you need to work smarter not harder?

Day 2

What kind of excuses do we often make for not serving the Lord, for not sowing and trusting God for the harvest?

Day 3

We have seen in Ecclesiastes 11 that Solomon has encouraged us to enjoy every season of life right where we are.

What has been your favorite season and why?

Day 4

Do you struggle with the aging process and in what ways and why?

Day 5

What have you learned about life from reading Ecclesiastes?