



10 Verses for When You Feel Angry

1. Be angry, and do not sin; ponder in your own hearts on your beds, and be silent.

-Psalm 4:4

2. A fool gives full vent to his spirit, but a wise man quietly holds it back.

-Proverbs 29:11

3. Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God.

-James 1:19-20

4. Whoever is slow to anger has great understanding, but he who has a hasty temper exalts folly.

-Proverbs 14:29

5. A soft answer turns away wrath, but a harsh word stirs up anger.

-Proverbs 15:1

6. Have nothing to do with foolish, ignorant controversies; you know that they breed quarrels. And the Lord's servant must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil.

-2 Timothy 2:23-24

7. Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord."

-Romans 12:19

8. Do not be overcome by evil, but overcome evil with good.

-Romans 12:21

9. Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

-Ephesians 4:31-32

10. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

-Galations 5:22-23