



10 Verses for When You Struggle to Control Your Tongue

1. Whoever guards his mouth preserves his life; he who opens wide his lips comes to ruin.
-Proverbs 13:3
2. No human being can tame the tongue. It is a restless evil, full of deadly poison. With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers, these things ought not to be so.
-James 3:8-10
3. There is one whose rash words are like sword thrusts, but the tongue of the wise brings healing.
-Proverbs 12:18
4. Truthful lips endure forever, but a lying tongue is but for a moment.
-Proverbs 12:19
5. For out of the abundance of the heart the mouth speaks.
-Matthew 12:34
6. Whoever restrains his words has knowledge, and he who has a cool spirit is a man of understanding. Even a fool who keeps silent is considered wise; when he closes his lips, he is deemed intelligent.
-Proverbs 17:27-28
7. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.
-Colossians 4:6
8. A soft answer turns away wrath, but a harsh word stirs up anger.
-Proverbs 15:1
9. She opens her mouth with wisdom, and the teaching of kindness is on her tongue.
-Proverbs 31:26
10. My lips will pour forth praise, for you teach me your statutes. My tongue will sing of your word, for all your commandments are right.
-Psalm 119:171-172